



OUR VISION

At Believe and Become our Vision is a world where everyone *believes* in themselves, is *believed* in by others, and can *become* just who they want to be.

OUR MISSION

To provide collaborative clinical, educational and advocacy services that empower people with disability to *believe* in themselves and *become* just who they want to be. We do this through evidence-informed, neurodiversity-affirming approaches that celebrate lived experience and overcome barriers to *becoming*.

OUR CORE VALUES

- **Best practice** - We demonstrate professionalism and integrity through ethical, evidence-informed services. We strive for excellence through continual learning and development.
- **Engaging and collaborating** - We engage collaboratively with clients, families, colleagues and communities to achieve goals, advocate for change, and overcome barriers.
- **Leveraging interests and strengths** - We believe that individual interests and strengths should be supported and celebrated.
- **Inclusive and affirming** - We appreciate diversity, are neurodiversity affirming, and respect the importance of culture, values, and choice. We advocate, educate, and strive to break down barriers to inclusion within our communities.
- **Exploring innovations** - We think creatively to overcome challenges and discover new opportunities, and never give up.
- **Valuing experience** - We recognise people with disabilities, their families and carers as the experts in their lives and work together to achieve their goals. We listen to lived experience experts, amplify their voices, and bring people together to learn from each other.
- **Enabling self-advocacy and self-determination** - We support people with disability to understand their rights, build new skills, advocate for themselves, have control over their lives, and connect with like-minded people in meaningful ways.



OUR STRATEGIC GOALS AND ACTIONS

1

Providing evidence-informed, neurodiversity-affirming clinical services

- Set goals collaboratively
- Review progress often
- Prepare timely and high quality reports
- Use current research, lived experience, and clinical guidelines and experience to guide practice
- Engage in ongoing professional development
- Collaborate and partner for best outcomes

2

Building capacity of people with disability, carers, services and the community through high quality education

- Provide evidence-informed education to people with disability, carers, service providers, and the broader community
- Increase access through varied and accessible modes of education
- Magnify lived experience
- Partner with groups experiencing intersectional barriers to participation

3

Advocating for people with disability and empowering them to self-advocate

- Support access to mainstream and specialist services
- Build self-advocacy skills
- Promote human and disability rights
- Amplify the voices of lived experience advocates
- Contribute to systemic change
- Call out ableism and discrimination

4

Fostering valued peer connections and opportunities to share and learn from lived experience

- Foster and encourage engagement with special interests
- Bring like-minded people together to connect around shared interests
- Foster peer to peer learning from lived experience
- Raise awareness of lived experience voices and opportunities